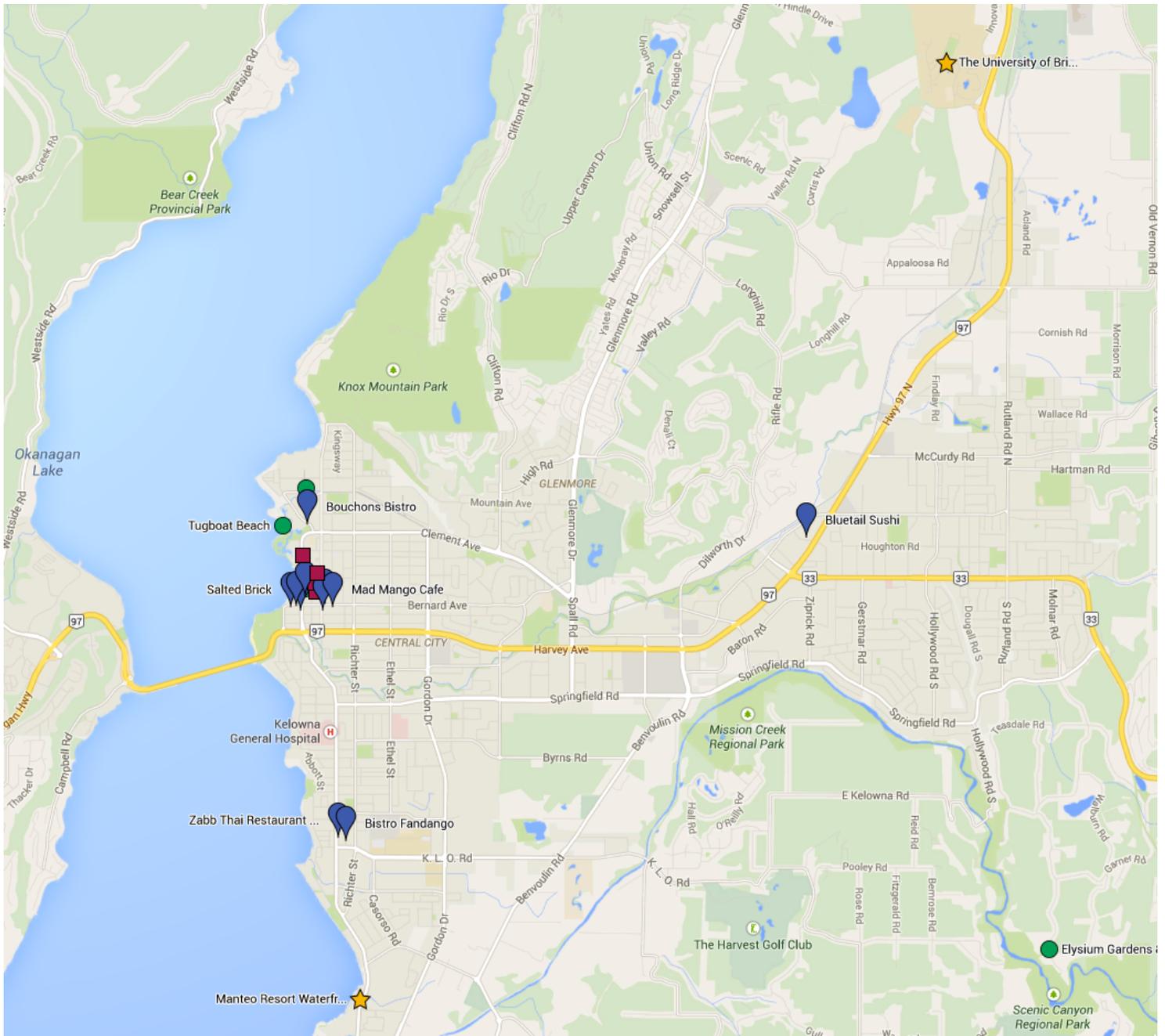


VSAWC 2015



IMPORTANT PLACES:

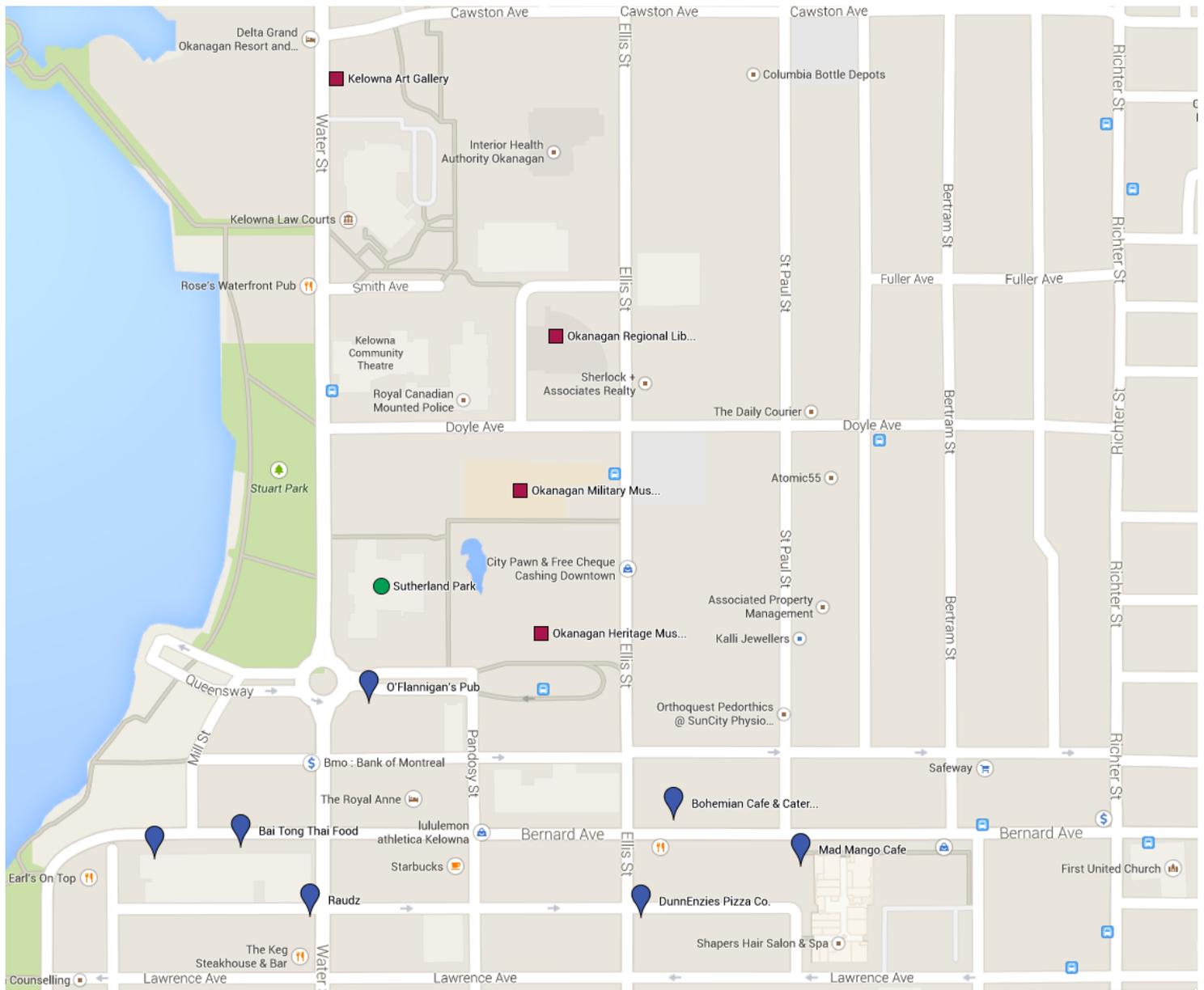
1. Manteo Resort Waterfront Hotel & Villas

The Manteo is located on Okanagan Lake, and has a private beach, three swimming pools, a kids' water park, an on-site restaurant, a ballroom, and more. The Manteo is also in close proximity to championship golf courses, wineries, downtown shopping, beaches and many outdoor activities, including skiing, kayaking, mountain biking, hiking, and boating.

www.manteo.com

2. The University of British Columbia

ok.ubc.ca



RESTAURANTS AND BARS

1. Raudz

Raudz Regional Table uses fresh, organic produce in an effort to promote sustainability and local farmers. The restaurant produces delicious, pure food with fun presentation, as well as some of the Okanagan's best wine.

www.raudz.com

2. Salted Brick

The Salted Brick is a new addition to Kelowna's dining scene. This restaurant focuses on simplicity and quality, featuring delicious charcuterie, Okanagan cheeses, and wines from the Okanagan and the Pacific Northwest.

www.saltedbrick.com

3. Bohemian Cafe & Catering Company

The Bohemian Cafe is an eclectic, vegetarian-friendly establishment located in downtown Kelowna. The cafe is open for breakfast and lunch and uses only the finest ingredients from home-made sausages to free-range eggs.

<http://www.bohemiancater.com/>

4. Bai Tong Thai Food

Bai Tong Thai Food is located in downtown Kelowna and has a range of authentic Asian dishes for every palette. The restaurant accommodates gluten-free, vegetarian, and vegan diners, and uses only the best fresh produce and meats.
www.baitong.ca

5. Mad Mango Café

The Mad Mango Cafe has well-priced and delicious Asian-fusion menu, and is open for breakfast, lunch, and dinner. From rotis to lasak and smoothies, this small cafe has something for everyone, and all food is prepared fresh
www.madmangocafe.com

6. Bluetail Sushi

Bluetail Sushi Bistro is a small, Asian-fusion sushi restaurant with beautiful and well-prepared food. This restaurant has an upscale atmosphere with affordable prices and a delicious assortment of meal options.

7. DunnEnzies Pizza Co.

DunnEnzie's Pizza offers both take-out and dine-in options for regular and gluten-free pizza! This pizza place is located downtown; central to everything Kelowna has to offer. The ingredients used are high quality and locally sourced for a delicious, fresh pizza every visit.
www.dunnenzies.com

8. Bouchons Bistro

Bouchons is an elegant French bistro in the heart of downtown, intended to bring a restaurant of international caliber to Kelowna's cultural district. The restaurant is open for dinner and has an exceptional selection of wines and a warm, inviting atmosphere.
bouchonsbistro.com/

9. Bistro Fandango

Bistro Fandango is located near the Manteo Resort, and is a French and Spanish fine dining restaurant. The food is organic and expertly prepared and the restaurant has a cozy, intimate setting.
www.bistrofandango.com

10. Zabb Thai Restaurant

Zabb Thai is a recent addition to Kelowna, and offers a relaxed and casual environment atmosphere that specializes in authentic Thai cuisine. The restaurant has mild and spicy dishes and vegan-friendly options. Zabb Thai's menu consists of traditional Thai fare, which is simple and delicious, and often changed on a daily basis.
www.zabb.ca

11. O'Flannigan's Pub

O'Flannigans Pub is a great place to unwind and relax after a long day. This Irish pub is located in downtown Kelowna and has live music and bands, stand-up comedy, open mic nights, dance parties, UFC, televised sporting events, and good food.
www.oflanniganspub.com

CULTURE AND LEARNING**1. Okanagan Heritage Museum**

The Okanagan Heritage Museum offers award-winning world-wide traveling exhibits, and provides a home for exhibitions curated by the Kelowna Museums. The museum provides visitors with more than just local history. It is home to a comprehensive Ethnographic Gallery which allows visitors a chance to explore collections from Europe, Central and South America, Asia, Oceania, and Africa. The museum is home to the Kelowna Public Archives and the Ursula Surtees Regional Conservation Laboratory.
<http://www.kelownamuseums.ca/museums/the-okanagan-heritage-museum/>

2. Kelowna Art Gallery

The Kelowna Art Gallery is located in the heart of Kelowna's cultural district. The gallery has a program of changing exhibitions of contemporary Canadian art throughout each year and a permanent collection of 850 works of art. The

gallery also offers extensive educational programs such as art classes, tours for students, and lectures.

<http://kelownaartgallery.com/>

3. Okanagan Military Museum

The Okanagan Military Museum is located in the Kelowna cultural district and maintains the legacy of Okanagan Valley military personnel and their allies. The museum houses one of the best firearms collections in Canada and has a large collection of uniforms, insignia, badges, and equipment, from several wars. The museum also has a Remembrance Day open house and a Canada Day book sale.

<http://www.kelownamuseums.ca/museums/the-okanagan-military-museum/>

4. Okanagan Regional Library - Kelowna Branch

The Okanagan Regional Library's main branch is located in downtown Kelowna, and is home to many exciting events including book clubs, e-reader clinics, and free movie nights!

<http://www.orl.bc.ca/branches/kelowna>

RELAX AND EXPLORE

1. Kangaroo Creek Farm

The Kangaroo Creek Farm is located in Winfield, just outside of Kelowna. The farm is family-run and allows visitors to interact with kangaroos, wallabies and much more without fences in the way. The farm offers a way to learn more about various types of animals in a safe and fun setting. Admission is by donation!

www.kangaroocreekfarm.com

2. The Okanagan Golf Club

The Okanagan Golf Club is a resort home to two of the most beautiful golf courses in Kelowna. Both courses include dramatic sculpted fairways near beautiful forests and sage brush hills of B.C.'s sun-drenched southern interior.

www.golfbc.com

3. Quail Ridge

Quail Ridge is conveniently located just steps from the UBCO campus, is home to beautiful hiking trails, and provides exceptional golfing.

<http://www.golfbc.com/courses/quail>

4. Sutherland Park

Sutherland Park is situated on Ellis Street, at the base of Knox Mountain. It is a great location for those who love to be active. The park has grassy fields, a child-friendly playground, tennis courts, washroom facilities and is only two steps away from the many pedestrian and bike trails Knox Mountain has to offer.

5. Tugboat Beach

Tugboat Beach is located near the city center, at Waterfront Park. It features fabulous views of Lake Okanagan, sandy beaches, beautifully landscaped gardens, washroom facilities, paddleboat rentals and boat launches. The beach offers a glimpse at Kelowna's diverse wildlife that inhabits the Rotary Marshes located at the north end of the beach. Delicious restaurants are only feet away, located along the boardwalk, which follows the waters edge all the way to City Park.

6. Elysium Gardens & Nursery

Elysium Garden includes four acres of stunning perennial gardens, a Japanese inspired garden and a unique specialty nursery. It is located ten minutes outside of central Kelowna and is carved out of an old apple orchard and surrounded by breathtaking mountain views and pastoral countryside.

www.elysiumgardennursery.com

7. Urban Distilleries

Urban Distilleries is the oldest and largest craft facility in the Okanagan. The distillery is a handcraft micro-distillery producing only the finest award winning spirits, and is open year-round for tours and tastings.

www.urbandistilleries.ca